



GUIDANCE AND TRAINING ON YOGA



Date: 20/02/2024

ORGANIZED BY

Dr. P.K. Prakash Reddy, Professor & Principal

MAHATHI COLLEGE OF PHARMACY



MAHATHICOLLEGE
for Innovative Learning

MAHATHI COLLEGE OF PHARMACY

(Approved by A ICTE, PCI, New Delhi & Affiliated to JNTUA, Ananthapuramu)

Madanapalle, Road Railway Station,
C.T.M. Cross Roads, MADANAPALLE Mandal, Chittoor
District, A.P, India. Pin: 517319

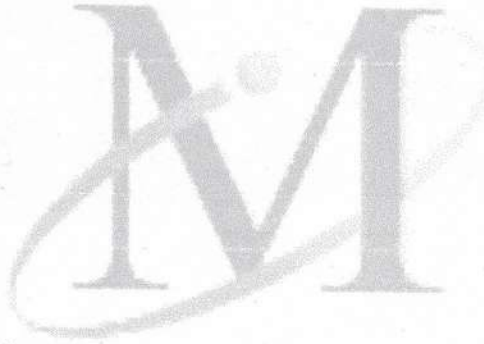
Ph.: 08571-288666, 288777
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Date: 22/02/2024

CIRCULAR

This is to inform all the teaching staff and students that, there will be a Life skills program on "GUIDANCE AND TRAINING ON YOGA" on 23/02/2024 at 3.30 PM. Hence all the students are instructed to participate without fail and make the program success with your kind cooperation.

Copy to: All Teaching Staff
All HODs
Administration Officer
Notice Board



Preethi
Principal
PRINCIPAL

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Annamayya (District), A.P.-517 319

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CTM Cross roads, Near Madanapalle Road Railway station

LIST OF PARTICIPANTS

S.L.No.	ROLL NUMBER	NAME OF THE STUDENT	SIGNATURE OF THE STUDENT
1	21HW1R0001	VASANTHAPALLI ANITHA	Anitha
2	21HW1R0002	MADUMOORI ANKITHA	
3	21HW1R0003	SHAIK APSANA	Apsana
4	21HW1R0004	SHAIK ARFA BEGUM	
5	21HW1R0005	SHAIK ASIYA	Asiya
6	21HW1R0006	PALLAM BHARATH	P. Bharath
7	21HW1R0007	SANALA BHUMIKA	S. Bhumika
8	21HW1R0008	GOWNOULLA CHANDRA SEKHAR	
9	21HW1R0009	V CHARAN REDDY	Charan Reddy
10	21HW1R0010	YARRAGORLA DEEKSHITHA	
11	21HW1R0011	BALASANI DEEPA	Deepa
12	21HW1R0012	N DEEPA	Deepa
13	21HW1R0013	MARAM DEEPAK	
14	21HW1R0014	MEJARI DIVYA	
15	21HW1R0015	K V GANESH	Ganesh
16	21HW1R0016	S GEETHIKA	S. Geethika
17	21HW1R0017	MALPA GNANESWARI	
18	21HW1R0018	KADUGOORU GOWTHAMI	Gowthami
19	21HW1R0019	MADDELA GOWTHAMI	M. Gowthami
20	21HW1R0020	SHAIK HAJI FARDEEN	
21	21HW1R0021	KOLTHUR HALEEMA	K. Haleema
22	21HW1R0022	M HARITHA	Haritha
23	21HW1R0023	GANDHODI SHAIK JAVERIYA KOUSAR	
24	21HW1R0024	YALLA JEEVAN	Jeevan
25	21HW1R0025	THALARI JYOTHEESWARI	
26	21HW1R0026	SIDDALU JYOTHI	Jyothi
27	21HW1R0027	DONAPATI KALPANA	
28	21HW1R0028	TEPALLI KAVYA SREE	Kavya Sree
29	21HW1R0029	S KESAVA REDDY	
30	21HW1R0030	NAGADASARI KIRAN KUMAR	Kiran Kumar
31	21HW1R0031	N LAVANYA	N. Lavanya
32	21HW1R0032	GANGASU LAYA	Laya

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33	21HW1R0033	VELUGULETI LOKESH	Lokesh
34	21HW1R0034	TALAMARLA MADHAVILATHA	
35	21HW1R0035	TALAKA MAHATHI	Mahathi
36	21HW1R0036	SANDOORU MAMATHA	
37	21HW1R0037	BANDI MANJULA DEVI	Manjula Devi
38	21HW1R0038	SUVARAPU MANOJ	
39	21HW1R0039	C MANTHESH	
40	21HW1R0040	MARRI MEGHANA	
41	21HW1R0041	G MEGHANA	G. Meghana
42	21HW1R0042	SHAIK MEHATAJ	
43	21HW1R0043	SHAIK MISBA	
44	21HW1R0044	SHAIK MOHAMMED RAFIQ	
45	21HW1R0045	MUDIVETI MOUNIKA	Mounika.M
46	21HW1R0046	YEKULA MOUNIKA	
47	21HW1R0047	VADITHE MOUNIKA BAI	
48	21HW1R0048	S MUSKHAN	
49	21HW1R0049	A P NAGAMANI	
50	21HW1R0050	SAMAGALLA NANDINI	Samagalla Nandini
51	21HW1R0051	SETTIPALLI NANDINI	
52	21HW1R0052	GAJULA NANDINI	Gajula Nandini
53	21HW1R0053	KOOLI NANDINI	
54	21HW1R0054	LAVANI NASHRA TAJ	
55	21HW1R0055	CHINTALACHERUVU NAVYA	
56	21HW1R0056	PAGADALA NITHIN	
57	21HW1R0057	THALARI NITHIN KUMAR	
58	21HW1R0058	JOGI PAVITHRA	Jogi Pavithra
59	21HW1R0059	PEETHAMBARAM PAVITHRA	
60	21HW1R0060	DANDU POOJASREE	PoojaSree
61	21HW1R0061	BATTEMAKI PRADEEP VYSHNAVI	
62	21HW1R0062	ARUNGULAM PRASANNA	
63	21HW1R0063	BALACHENCHULA RADHIKA	
64	21HW1R0064	DANDU RAMANJINEYULU	
65	21HW1R0065	AVULAPPAGARI REDDEMMA	
66	21HW1R0066	MUDIVETI REDDI SEKHAR	
67	21HW1R0067	THIPPOJJI REDDY HEMA	
68	21HW1R0068	KUNCHAPU REDDY SUDHA	
69	21HW1R0069	SYED SABIHA ANJUM	Sabiha Anjum
70	21HW1R0070	VANGIMALLA SAI KUMAR	Sai Kumar

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71	21HW1R0071	CHAKALI SAILEELA	Saileela
72	21HW1R0072	GATTAKALLA SANTHOSH BABU	Santhosh Babu
73	21HW1R0073	SHAIK SHABREEN	
74	21HW1R0074	RAMBUBHAI SHAFEEQ	
75	21HW1R0075	SHAIK SHAFIYA	Shafiya
76	21HW1R0076	PATAN SHAJIYA	
77	21HW1R0077	MOSES SHALEM SRUJAN	
78	21HW1R0078	PANTATI SINDU	P. Sindu
79	21HW1R0079	MEKALA SIRISHA	
80	21HW1R0080	KUMMARA SOWJANYA	
81	21HW1R0081	PONNA SRAVANI	Srivani
82	21HW1R0082	KALAKADA SREEVANI	
83	21HW1R0083	SUNDUPALLI SRIKANTH	
84	21HW1R0084	PARLAPALLI SRILATHA	
85	21HW1R0085	S SUHAIL	Suhail
86	21HW1R0086	SYED SUMIYA	Sumiya
87	21HW1R0087	SHAIK TAJIYA	
88	21HW1R0088	KAGITHI THABHITHA	Thabhithe
89	21HW1R0089	S B THOUFIQ	
90	21HW1R0090	PALELA UMA MAHESWARI	Uma Maheswari
91	21HW1R0091	CHINTHAPARTHY UMESH CHANDRA PRASAD	
92	21HW1R0092	NATHIKADIRIGALLA VARSHA	
93	21HW1R0093	BAVIGADDA YELLA REDDY	
94	21HW1R0094	DERANGULA YUVASREE	Yuvaree
95	21HW1R0095	MAYANA ZAHEER KHAN	
96	21HW1S0101	SHAIK ABDUL BASID ALI	
97	21HW1S0102	KULI ANAND BABU	
98	21HW1S0103	B DURGA	Durga
99	21HW1S0104	BONTHALA GANESH	
100	21HW1S0105	S NANDINI	S. Nandini
101	21HW1S0106	ALLUTLA NAVEEN KUMAR	
102	21HW1S0107	SYED RIHANA	S. Rihana
103	21HW1S0108	SHAIK SHABNAM	
104	21HW1S0301	RENATI GOWTHAMI	Gowthami R.
105	21HW1S0302	MANDEM NANDINI PRIYA	
106	21HW1S0303	NADIMINTE SHARUQ ALI	
107	21HW1S0304	JWALAPURAM SWATHI	Swathi
108	21HW1S0305	G SWETHA KUMARI	G. Swetha Kumari

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109	21HW1S0701	EDIGA MANEESHA	Maneesha
110	21HW1S0702	RAYAPATI PRIYANKA	
111	21HW1S0703	SHAIK SAMREEN	Samreen
112	21HW1S1101	MUSTURU PURUSHOTHAM	
113	21HW1S1102	PADIGA UMA SHANKAR REDDY	Uma Shankar Reddy



Co-ordinator



Principal

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Life skills program

on

GUIDANCE AND TRAINING ON YOGA- 2024



In the Occasion of The 8th edition of International Day of Yoga was celebrated at Mysuru, Karnataka on the theme “Yoga for Humanity”. Shri Narendra Modi Ji, Hon’ble Prime Minister, the mass Yoga demonstration along with 15,000 participants.

IDY-2024 saw many new initiatives, including the ‘Guardian Ring’ program, which was a collaborative exercise between 79 countries and United Nations organisations along with Indian Missions abroad. Integrating the Azadi Ka Amrit Mahotsav with celebrations of the 8th IDY, mass Yoga demonstrations were organised at 75 iconic locations across the country under the leadership of 75 Union Ministers.

With the cooperation of our Chairman B. Amaranath Reddy Garu, In Mahathi College Of Pharmacy also conducted Yoga Day in our college premises on 23/02/2024 . In this occasion students, teaching and non-teaching staff also actively participated in this program.

In this our principal Dr Prakash Reddy Garu delivered a few words regarding the importance of yoga. In this these are some of the lines in speech “**Yoga is that medicine that has the power to cure any disease of the Universe, even those which cannot be cured by the prescription of Doctor.** Including Yoga in everyday life is one of the healthiest practice people can ever make. It not only makes you physically well but will calm your mind and soul.”


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In this programme nearly 96 students and teaching staff participated and made the program success.

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